



URBAN INDIA MINISTRIES

Transforming Cities one Home at a time

HomeShanti Counsellors Conference

DATES

8 – 10 October 2026

VENUE

Family Education Center, UIM

LOCATION

Bengaluru, India

HAVEN

The HomeShanti's Counsellors Conference 2026 is a three-day conference designed to equip Christian counsellors, and mental health professionals to strengthen the emotional, spiritual, and psychological wellbeing of children, adolescents, and families. The conference is centred around the theme, Equipping Counsellors, Empowering Families: Building Mental Health and Resilience in the Next Generation.



Holistic Parenting

A comprehensive approach to raising children — nurturing their physical, emotional, intellectual, and spiritual growth as an integrated whole.



Attachment Foundation

Building secure bonds between parent and child that form the bedrock of emotional health, trust, and lifelong relational security.



Vital Resilience

Equipping families with inner strength and adaptive capacity to navigate challenges, setbacks, and the pressures of a changing world.



Emotional Nurture

Cultivating emotional intelligence and creating safe spaces where children learn to identify, express, and regulate their feelings.



Next Generation

Investing in the future by passing down faith-filled values, resilience, and mental health awareness to children and generations to come.

"Nurturing families. Resilient children. Thriving generations."

OUR SPEAKERS

Our Speakers

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KEYNOTE SPEAKERS

Dr. P.C. Mathew & Mrs. Ciby Mathew

Founding Directors, Urban India Ministries

Founding directors of UIM, dedicated to family life education and counselling. Dr. Mathew is the Executive Director of UIM, Dean of the UIM–Family Research and Training Institute, and Global Director of WEA–Family Challenge. He holds a Doctor of Ministry from Asbury Theological Seminary and a PhD from Martin Luther Christian University. Mrs. Ciby Mathew is a family-life educator currently completing her PhD in Psychology.



Dr. Jemima Wesley

Psychologist & OD Consultant

Psychologist, NBCC-certified counsellor (USA), OD consultant, and founder of Limitless. Master's from Wheaton College and PhD from Regent University. Over two decades of experience in trauma-informed psychotherapy, play therapy, and behavioural analysis.



Dr. Charles P. Joseph

Counsellor, Psychologist & Apologist

Counsellor, psychologist, and apologist based in Vellore. Master's in Psychology, completing Master's in Apologetics from Biola University. Former Consultant-Director at RZIM and RTB. Founder of Think CHRIST Apologetics.



Mrs. Olive Nagarajan

Head of HomeShanti

Director of HomeShanti, the counselling wing of UIM. Over 15 years of counselling experience. Conducts workshops on art therapy, parenting, and emotional well-being in schools, colleges, and churches.

Three Days of Learning, Worship & Equipping

DAY 1

Thursday, 8 October 2026

5:00 – 6:00 pm	Registration	
6:00 – 6:30 pm	Welcome & Introduction	Mr. Brighton Anbu
6:30 – 7:00 pm	Worship	
7:00 – 8:00 pm	Keynote: Why Safeguarding the Next Generation's Mental Health Is One of the Most Urgent Ministries of Our Time	Dr. PC Mathew & Dr. Ciby Mathew
8:00 pm	Dinner	

DAY 2

Friday, 9 October 2026

7:00 – 8:30 am	Breakfast	
8:30 – 9:00 am	Worship	
9:00 – 9:45 am	Biblical Exposition	Dr. Jacob Cherian
9:45 – 10:00 am	Table Group Discussion	
10:00 – 11:00 am	Plenary 1: Parenting the Heart	Dr. Jemima Wesley
11:00 – 11:30 am	Break	
11:30 am – 1:00 pm	Track Sessions — 5 parallel tracks	Multiple speakers
1:00 – 2:00 pm	Lunch	
2:30 – 3:30 pm	Plenary 2: Guiding Healthy Sexual Identity Formation	Mr. Charles
3:30 – 4:00 pm	Tea Break	
4:00 – 5:30 pm	Track Sessions — 5 parallel tracks	Multiple speakers
6:30 – 7:00 pm	Worship	
7:00 – 8:00 pm	Panel: Creating Safe Spaces	Dr. Jemima Wesley, Mrs. Jean George, Dr. Mary Varghese
8:00 pm	Dinner	

DAY 3

Saturday, 10 October 2026

7:00 – 8:30 am	Breakfast	
8:30 – 9:00 am	Worship	
9:00 – 9:45 am	Biblical Exposition	Mrs. Kamala & Mr. CA Benjamin
10:00 – 11:00 am	Plenary 3: AI-Shaped Digital Culture	Mrs. Olive Nagarajan
11:00 – 11:30 am	Break	
11:30 am – 1:00 pm	Track Sessions — 5 parallel tracks	Multiple speakers
1:00 – 2:00 pm	Lunch	
2:30 – 3:00 pm	Way Forward — Commitment	Mr. Brighton Anbu
3:00 – 3:30 pm	UIM Introduction · MHC & PMC Manual	Dr. Olive Nagarajan
3:30 – 4:30 pm	Closing Remarks & Vote of Thanks	Dr. PC Mathew
4:30 – 5:00 pm	Closing Prayer	Mrs. Jessie Hebbal

Each track session runs 5 parallel tracks covering different life stages. Full track breakdown available on the conference website.

HCC 2026 — HAVEN · HomeShanti's Counsellors Conference

GET IN TOUCH

Contact Us

Have questions about the conference? Reach out to our team.

GENERAL ENQUIRIES

counselling@urbanindia.org

+91 88844 70705

Mon – Sat: 9:00 am to 9:00 pm

REGISTRATION SUPPORT

Rev. Maco Susai

+91 9611509938

WhatsApp available

ADDRESS

Urban India Ministries

Shalom Springdale Layout

Bangalore, Karnataka — 560077

ONLINE

homeshanti.org

urbanindia.org

familymantra.org